



**EasTec Safety, LLC**

A Safety Consulting and Training Company

## Training Course List

Safety Programs	Hours Each	Hands- On	OSHA Courses	Hours Each	Hans-On
Hand Tool Safety	2	No	10 Hour OSHA Construction Course	10	No
Heat Stress	1	No	30 Hour OSHA Construction Course	30	No
Hearing Safety	1	No	10 Hour OSHA General Industry Course	10	No
Ladder Safety	2	No	30 Hour OSHA General Industry Course	30	No
Walking & Working Surfaces	4	No			
Fall Protection (Roof Work)	4	Yes	<b>FDOT MOT Training</b>	<b>Hours</b>	<b>Hans-On</b>
Emergency Action Plan	3	No	Flagger	4	Yes
Hazardous Materials	5	No	Intermediate MOT -2 day	16	No
CPR & First Aid, AED	6	Yes	Intermediate MOT (Refresher)	8	No
Rigging & Signaling	5	Yes	Advanced MOT	20	No
Confined Spaces	6	No	Advanced MOT (Refresher)	8	No
Defensive Driving	4	No			
Personal Protective Equipment	2	No	<b>Heavy Equipment Courses</b>	<b>Hours</b>	<b>Hans-On</b>
Inspection Training	2	No	Aerial Reach (combined with scissor lift)	7	Yes
Machine Guarding Safety	3	No	Backhoe Operator Safety Certification	7	Yes
Welding, Cutting, and brazing	4	Yes	Backhoe	7	Yes
Hazard Communication = GHS	2	No	Crane Truck Operator Safety Cert	7	Yes
Hazardous Substances & Industrial Hygiene.	1	No	Fork Lift Operator Safety Certification	7	Yes
COVID-19 Safety	1	No	Front Loader Operator Safety	7	Yes
Respirator Safety and fit testing	5	Yes	Bucket Truck Operator Safety Cert	7	Yes
Crystalline Silica Safety	2	No	Skid Steer Operator Safety Certification	7	Yes
Lock-out/Tag-out, Machine Guarding,	4	No	Tele-handler Operator Safety Certification	7	Yes
Vehicle Operations Safety (Defensive Drving Safety Course)	4	No	Trailer/Load Securement	7	Yes
Electrical Maintenance Safety	2	No	Vac-Truck Operator Safety Certification	7	Yes
Power Tool Safety	1	No	Motor Grader (Gavel Road Maint.)	7	Yes
Excavation Safety Training Course	5	Yes	Crane Truck Operator Safety Cert	7	Yes
Excavation Safety Training Course	5	Yes	<b>Eastec Safety, LLC offers many other training courses, along with site audits and building written safety programs for industrial and construction companies Nation Wide</b>		
Tree Work Safety (Trimming, Felling, L	6	Yes			